

ISN'T IT TIME YOU LEARNED CPR?

# CPR Anytime

*for family & friends*



It's the fast and easy way to learn CPR, a life-saving skill that everyone should know. This simple DVD-based training program will guide you through the basics of CPR in less than 30 minutes. Valued at \$30, each kit includes a training mannequin and additional information that allows you to share the program with a friend or family member.

CPR Anytime is a great activity for Y Guides and Y Princesses and can be facilitated as part of a group meeting or event. No prior experience is necessary. Just insert the DVD and follow the instructions – it's that easy.

To order the CPR Anytime for Family & Friends kits for your next meeting or upcoming event, simply complete the following form and mail back with your payment.

The deadline for orders is Tuesday, September 30.

All kits will be available for pick up at the YMCA Guides and Princesses Program Office beginning Thursday, October 16.



Community Health Partners

---

CHIEF/ CONTACT NAME

CONTACT NUMBER

---

TRIBE NAME

Number of Kits (\$23 per kit) \_\_\_\_\_

Total Payment \_\_\_\_\_

All payments and orders should be made with the YMCA of the Triangle Guides and Princesses Program.

For questions, contact Matt Strickland, director, at 582-2266.